

DUNBAR DOLPHINS CLUB CHAMPIONSHIPS 2019



Name

- 1 *Please read the rules carefully for each event*
- 2 *Tick the events you wish to enter*
- 3 *Keep a copy of your chosen events on the copy attached*
- 4 *RETURN THE FORM TO CLUB BY THURSDAY 16th May*
- 5 *No acknowledgement of entries will be given*
- 6 *Ensure you are at the pool in good time for your event*
- 7 *6.10pm each night at pool to get ready for warm up*
- 8 *Bring an extra towel, a t-shirt, a cold drink (not fizzy)*

Event	Category	Day	Tick to Enter
Beginners Trophy (25m Freestyle)	Rookie & not competed previously	Day 1	<input type="checkbox"/>
British Legion Trophy (25m Front Crawl, 25m Back Stroke, 25m Breast Stroke)	Rookie	Day 1	<input type="checkbox"/>
Brooke & Browne / DASC Trophy (25m Front Crawl, 25m Back Stroke)	Rookie	Day 1	<input type="checkbox"/>
Belhaven Brewery Shield (50m Freestyle)	Rookie or Junior	Day 1	<input type="checkbox"/>
DASC Millenium Trophy Front Crawl	All by category	Day 2	<input type="checkbox"/>
DASC Millenium Trophy Back Stroke	All by category	Day 2	<input type="checkbox"/>
DASC Millenium Trophy Butterfly	All by category	Day 2	<input type="checkbox"/>
DASC Millenium Trophy Breast Stroke	All by category	Day 2	<input type="checkbox"/>
Saltire Trophy (100m Individual Medley)	All	Day 3	<input type="checkbox"/>
Smith & Smeed Trophy (500m freestyle)	All	Day 1	<input type="checkbox"/>
Wingate / Dhu Rock Trophy (50m Front crawl handicap)	All	Day 3	<input type="checkbox"/>
Gray & Findlay Trophy (Lifesaving, enter with partner)	Senior only	Day 3	<input type="checkbox"/>
Challenge Trophy (Team relay, 2 swimmers from each session. Swimmers to organise teams)	All	Day 3	<input type="checkbox"/>

Finalists will be notified before finals night.

If you require any clarification, please see one of the poolside team.